

HSI HEALTH SCIENCES INSTITUTE

MEMBERS ALERT FOR SEPTEMBER 2008

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The opinions expressed here do not necessarily reflect the views of every panelist each month. The Health Sciences Institute acknowledges occasional differences of opinion among panelists and welcomes the exchange of differing points of view.

Miracle discovery is stronger than the best-selling cancer drug and safe as bread

by *Melissa Hickle*

If you've been told you have cancer, or if someone in your family has, you're familiar with the rush of information and the emotional roller coaster you're suddenly thrown onto. The long medical terms turning into a string of gibberish. The fear of sounding stupid if clarification is needed. The push to cross your fingers and place your trust in the experts.

Nancy Henry did her fair share of finger-crossing after she was diagnosed with breast cancer in May of 2004. Two years and two mastectomies later, the worst was confirmed—the cancer that had been in the first breast had blossomed, with tumors spread throughout her lungs.

Her doctor was amazed that she had so much cancer in her body without having any obvious symptoms. The prognosis was not good. He immediately enrolled her in a clinical trial, saying they needed to “bring out the big guns.”

And, oh, those guns were powerful. One dose nearly killed Nancy, her body covered in blisters, her legs tremulous. The study nurse told her everyone has to deal with side effects, so Nancy assumed that was her lot.

Until things eventually got so bad that she called her doctor on Christmas Eve. He was on vacation, but the doctor on call said she could indeed die if she didn't take action. Nancy's partner found himself in a pharmacy an hour before closing, desperately seeking the drug that could reverse the debilitating side effects. Luckily,

within three weeks, they subsided.

Nancy's doctor determined that her body was too sensitive for chemotherapy. So he prescribed Aromasin (a drug that blocks the aromatase enzyme to lower estrogen). After weeks of horrible side effects, Nancy had had enough.

She decided she would not be taking any more drugs to fight her cancer. Though she was told her life wouldn't be long if she declined conventional treatment, Nancy decided instead to focus on her quality of life. Because, after all, what use is a prolonged life if it's one of pain and suffering?

And then something amazing happened. Once Nancy changed her focus, turning to a self-designed program including exercise, visualization, detoxification, supplements, and a stricter approach to her diet, she started getting better. Today, she feels she can relax, saying she's doing the very best she can for herself. The “best” includes Avemar, an incredible cancer fighter that Nancy was introduced to several years ago at a breast cancer conference.

When Nancy made a donation to the advocacy group Breast Cancer Options, she was given a four-month supply of Avemar. She started taking it in the hopes of preventing her breast cancer from spreading, and believes it helped suppress the cancer enough to rid her of her symptoms. Once, however, it was confirmed that the cancer had been in her lungs all along, she started taking Avemar religiously as part of her cancer program.

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Our Mission

The *Health Sciences Institute* is dedicated to uncovering and researching the most urgent advances in modern underground medicine.

Whether they come from a laboratory in Malaysia, a clinic in South America, or a university in Germany, our goal is to bring the treatments that work directly to the people who need them. We alert our members to exciting breakthroughs in medicine, show them exactly where to go to learn more, and help them understand how they and their families can benefit from these powerful discoveries.

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Avemar

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While Avemar is just one part of Nancy's, as she calls it, "dance with cancer," she does say it could be the most important part. She describes her energy level as good—she does a bit of work in her organic garden, occasionally gets out in her canoe, and volunteers as a resource and an advocate for other patients.

Her last PET/CAT scan, taken about six months ago, showed that her cancer is classified as "stable metastatic disease." Nancy told me this is really the best you can hope for when you have cancer like hers, where numerous tumors are spread throughout the lungs. Most of the tumors, while they hadn't gone away, were static. Only six of those many tumors were actually growing, and at a rate far lower than expected from even the least aggressive Grade 1 cancer, which is astounding.

Nancy says Avemar has given her a sense of empowerment, and that she hopes its availability will encourage others to participate as equal partners in their cancer care. She worries that too many people are frightened into following whatever conventional medicine prescribes, and that she is watching friends die because they don't know other viable options are available.

And as far as those options go, Avemar could be the most promising tool available in the fight against cancer.

A cancer killer that actually powers up your immune system

It was the invention of a lifetime. So miraculous that it could only be given one name: Avemar. This was in tribute to the Virgin

Mary (think "Ave Maria"), to whom Hungarian biochemist Dr. Maté Hidvégi gives credit for answering his prayers for the funding he desperately needed for his research on this amazing cancer slayer.

Who knew that something so simple as wheat germ could hold the key to fighting so many different cancers, without the toxic side effects usually associated with cancer treatment? Surprisingly enough, someone knew as early as World War I.

Dr. Albert Szent-Györgyi, who later went on to win the Nobel Prize for his discovery of vitamin C, was determined to find an alternative to the dangerous mustard gas used to fight cancer. When his early research was finally published in the 1960s, it showed that a compound in wheat germ prohibited cancer cells from growing while allowing healthy cells to live normally. So, a great deal of money was poured into his research of this potentially world-shaking discovery...right?

You'd think that would be the case. Instead, the scientific community decided it wasn't strong enough. That they'd rather blow cancer away, killing it at any cost. You know where that went. Chemotherapy and radiation treatments that leave the body ravaged, killing cancer cells and healthy cells alike, without discrimination.

Fortunately, in 1989, Dr. Hidvégi picked up where Dr. Szent-Györgyi left off, eventually patenting a technique of fermenting wheat germ with baker's yeast. This marked the creation of Avemar, which is produced by American BioSciences.

We first told you about this miraculous cancer fighter back in

December 2005. Backed up by 100 reports and 20 peer-reviewed publications, Avemar has become a standard therapy for cancer patients in Hungary.

Safe as a slice of whole wheat bread, Avemar cuts off cancer cells' energy supply by interacting with glucose, which normally fuels the spread of tumors. By doing this, Avemar allows healthy cells to carry on as usual while targeting cancer cells. It also keeps cancer cells from repairing themselves by reducing the production of RNA and DNA associated with the rapid reproduction of those cells.

Not only does Avemar kill cancer cells, but it also enhances the immune system by increasing the number and activity of functioning immune-system cells. This makes it particularly effective for fighting cancer in children, whose immune systems are ravaged by conventional cancer therapies.

Back in 2005, we knew the news about Avemar was good. Recently, however, the news got even better. New research was presented at the 2007 annual meeting of the American Society of Clinical Oncology. And the results are, in a word, stunning.

More power than tamoxifen, without any of the dangerous side effects

In a study on mice injected with breast cancer tissue, Avemar inhibited the growth of one kind of estrogen-sensitive breast cancer by 50%, as compared with tamoxifen's 34%. For another kind of estrogen-sensitive breast cancer, Avemar had an inhibition rate of 49%. Tamoxifen had a rate of 42%.

Avemar works better than two other commonly used anti-hormone breast cancer drugs as well.

Anastrozole (Arimidex) inhibited cancer cell growth by only 25%, and exemestane (Aromasin) fared only slightly better with a rate of 26%.

Against a kind of breast cancer that is not estrogen-sensitive, Avemar inhibited growth by 52%. The other drugs in the study don't even *work* against cancers that aren't estrogen-sensitive. The authors of the study emphasized that the other treatments did not exceed the effect of Avemar on its own, against all three kinds of breast cancer studied.

Though Avemar beat these three popular cancer drugs, it should be said that the best effects were achieved in combination. The best combination was that of Aromasin and Avemar, which inhibited growth of the breast cancer cells by 60.4%.¹

About 75% of breast cancers are estrogen receptor-positive. This means there are a significant number of receptors for the hormone estrogen on the surface of the breast cancer cells. When estrogen in the bloodstream attaches to these receptors, signals are sent to the cell nucleus, telling the cancer cell to grow and divide. When it comes to fighting estrogen-sensitive breast cancer, conventionally trained doctors use tamoxifen or other anti-hormone drugs.

Unfortunately, those drugs only work for about 30% of women whose tumors have estrogen receptors. (They work for about 70% of women whose tumors have receptors for both estrogen and progesterone.) On top of that, they chemically cause menopause unless it has already occurred. And that's not even the worst of the side effects.

Tamoxifen may be the world's

best-selling cancer drug, but it is used at great cost. Women who take it are two to three times more likely to develop endometrial cancer than women who are not on the drug.² Serious side effects listed by the National Cancer Institute include blood clots, strokes, uterine cancer, and cataracts.³

And how's this for a kicker? Tamoxifen appears on California's list of chemicals known to cause cancer or reproductive toxicity. That's right—a drug meant to fight cancer is actually a known carcinogen.⁴

Though the combination of Aromasin and Avemar came out on top, taking Aromasin isn't a walk in the park. Common side effects include hair loss, pain (in the joints, muscles, and limbs), constipation, hot flashes, and vomiting. More serious side effects include chest pain, confusion, depression, vision or speech changes, and a host of other frightening effects. Some side effects, such as nervous system disorders, occur with more frequency than similar ones associated with tamoxifen.⁵

In seeking out side effects, I visited a message board for cancer patients. Several people wrote about hand and foot pain so severe that they need strong prescription pain medication to control it. Others wrote about developing carpal tunnel syndrome since starting treatment with Aromasin, and one woman commented that she now feels "like a 100 year old." Comments like this make me think of Nancy Henry's decision to turn her back on conventional cancer treatment and focus on living a good life.

Not just a breast cancer fighter, Avemar beats all kinds of cancer

Nancy is living life to the fullest thanks to a regimen that

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Avemar

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includes Avemar. But she's not the only one who has gained a new lease on life thanks to this incredible supplement.

Many people have been so impressed with the effects of Avemar on their cancer that they've written to American BioSciences to sing its praises. Vincent C. was handed a colon cancer diagnosis in 1997. By 2000 the cancer had moved to his liver, and he started chemotherapy in 2003. In 2005, his CEA blood test (which acts as a marker for tumor activity) came in at 140. The "normal" level is under 2.5 for nonsmokers and under 5 for smokers. Clearly, Vincent had a very long way to go. So imagine his surprise when after he took Avemar for about four months his CEA level was down to 8.1.

Another Avemar user, David S., had a platelet count of 22,000 due to his 2½-year battle with

leukemia. (A count of 450,000 is normal.) Two months after he started using Avemar, his count had risen to 150,000. And Patty P. wrote to American BioSciences to report that her most recent CT scans showed that the cancer that was ravaging her lymph nodes is completely gone. Not only that, but it's been wiped out of her bones and is nearly gone from her liver.

Finally, there's the story of Robert C., who at the age of 69 was diagnosed with advanced cancer of the esophagus. He declined conventional medical treatment, as he was given only a 20% chance of living 30 months after chemotherapy, radiation, and surgery. Not great chances for going through all the dangerous, painful treatments modern medicine has to offer. Robert's oncologist said he had about 18 months if he did nothing. He turned to alternative medicine, using electrodermal treatments and supplements to battle the cancer.

About a year later, Robert was considering having a stent put in to make swallowing possible. It was then that he discovered Avemar. Within six weeks, his ability to swallow had improved noticeably, and he can now eat the foods he was missing most. His energy returned to normal and he gained 15 pounds. At 71, a much healthier Robert had his hope restored, and he is now convinced that Avemar is shrinking the tumor.

American BioSciences does offer one caution. Because Avemar is a wheat product, there is a possibility of an allergic reaction. People who are sensitive to gluten or wheat germ should not use Avemar. If you want to read more about Avemar, the December 2005 article in which it first appeared is available in the archive at www.hsibaltimore.com. Ordering information for Avemar is in the Member Source Directory on page 8. **HSI**

Citations available upon request and on HSI website

At last! A life-changing solution for an "incurable" disease that attacks your entire body

by Melissa Hickie

When Maryland resident Marie C. started having eye problems, she chalked them up to irritation from a new soap. Then her problems got worse, exploding into extreme light-sensitivity and headaches. An MRI showed brain lesions. Fourteen different specialists and other doctors couldn't tell her why. Nobody could tell her what was wrong with her.

Meanwhile, her husband, Frederick, came to her and confessed that he'd been feeling depressed. This was out of character for the energetic truckdriver.

When he revealed that he often would take his hands off the wheel, hoping the truck would roll over into a bank, Marie knew something had to be done.

Frederick was put on five different medications. Like his wife, Frederick received no answers as to the cause of his mysterious illness. He became reclusive, sleeping over 22 hours a day, and was nearly institutionalized.

Two years later, stricken with meningitis and encephalitis, Marie had all but given up. She started preparing for her own death, mak-

ing sure the bills were paid and the freezer was full.

That's when two years of research started shedding some light on the trials she and her husband were going through. She made a few calls, and was put on a two-month waiting list for an appointment with a specialist for some very expensive testing for both of them.

The verdict in both cases? Lyme disease.

The scary thing? Marie firmly believes she caught Lyme disease from her husband, just as one might catch a cold or the flu. Frederick,

ever the outdoorsy type, had found a tick on his calf right before Marie started having her eye problems. He'd pulled it off and gone back to work.

The memory of the incident had faded as quickly as the red bite mark. Marie, who works as a secretary and only spends a small amount of time on her porch outside, thinks it's highly unlikely that she was bitten by a tick herself.

She knows mainstream doctors would call her crazy, but in the years since her ordeal with the disease she's spoken to scores of families in which the mother, the father, and all the kids have Lyme disease. It's enough to make her think the Lyme disease epidemic is far more serious than conventional medicine would have us believe.

The rainforest formula that finally eradicates Lyme disease

HSI panelist Dr. Leslie Taylor shares Marie's sense of urgency when it comes to Lyme disease. Concerned that the disease has mutated to spread via casual contact, her search for a cure had become desperate. And her work paid off. This month, she's unveiling Spiro, a formula of six rainforest botanicals that targets Lyme disease at the source, the *Borrelia burgdorferi* bacterium that causes it.

This modern-day medicine woman, who spends her days trekking through the Amazon rainforest researching and documenting medicinal plants, had been searching for a cure for Lyme disease for five years. In her private practice in Austin, Texas, she'd seen "tons of patients" with Lyme disease and was desperate to find something that worked.

She thought she'd get lucky when she started her work in South

America. In exploring the jungles and interviewing natives, Leslie has documented countless antimicrobial plants. But in lab testing, nothing worked on the insidious spiral-shaped bacterium that causes Lyme disease.

This got Leslie thinking. *B. burgdorferi* is different from most bacteria. It's not like *Salmonella* or *E. coli*. With its long, heavily coiled cells, it is in fact part of the same family of bacteria as *Treponema pallidum*, which causes syphilis. Natives of South America have been treating and curing syphilis with plants for generations. Syphilis becomes extremely difficult to stamp out as the infection progresses, but these plants do the job. Perhaps syphilis could provide a model for her research on Lyme disease, Leslie thought.

Sure enough, when she turned her attention to those plants that had been used to kill syphilis, she hit the jackpot. In vitro testing revealed that the components of Spiro attacked *B. burgdorferi* directly. Lyme disease could finally be addressed head-on, and without the side effects or contraindications that are risked with conventional treatment.

Leslie knew it was time to put the formula to the test. A hundred people, including quite a few HSI members, enrolled in a three-month study of Spiro. Participants had been diagnosed with Lyme disease within the five years leading up to the study, with the diagnosis confirmed in each case by one of four available tests.

Most of the people in the study were suffering from chronic Lyme disease—despite treatment, their disease had not gone away. Leslie believes this is because the bacteria become dormant, going

into remission, and rear their heads again when the body is under stress. This brings the symptoms of Lyme disease back in full force.

Baseline symptoms (100 of them—Lyme attacks nearly every system of the body) were rated on a scale of 1-5. This rating was repeated every month for three months, during which time participants took Spiro two times a day.

As testing went on, more and more people saw their symptoms improve. Many patients called Leslie, urging her to launch the product. "It's changed my life," more than one exclaimed. Though retesting was not required at the end of the trial period (Lyme disease testing can be very expensive), 10 of the participants chose to be tested. All 10 tested negative.

Leslie has not finished compiling all of the data from the study, so we don't have any concrete numbers yet. But the preliminary response was so strong that she felt she had to get Spiro into people's hands as soon as possible.

Eliminate bacteria with six previously unknown powerhouse plants

The six plants that make up Spiro have been used to combat a variety of illnesses through the ages, and are particularly known for their antibacterial properties. Before starting her research on Lyme disease, Leslie Taylor had never heard of these plants. Now she has them grown and harvested especially for her.

Matico (*Piper aduncum, angustifolium*), an evergreen shrubby tree, is used by many Indian tribes of the Amazon as an antiseptic wound healer. Known as a "cure all" in Peru, it speeds healing and

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Spiro

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prevents infections. According to various laboratory studies, chemicals found in the leaves are toxic to bacteria, including the one that causes Lyme disease. Matico is also used for digestive problems and venereal diseases.

The tamamuri (*Brosimum acutifolium*) is a large canopy tree of the Amazon rainforest. The Wayāpi Indians of Guyana attribute magical properties to the tree, believing that the latex it produces will help protect them from witchcraft. Both the bark and the latex are very common remedies for syphilis, and the balm from this tree is also well-respected as a treatment for arthritis. In laboratory studies, it has shown antibacterial action.

A second canopy tree shows up in the blend—the huacapu (*Minquartia guianensis*). Commonly

uses as foundation house poles, this is one of the most durable, heaviest, and hardest tropical woods. In a 1996 study, an extract of the bark demonstrated antibacterial activity against two antibiotic-resistant strains of *Staphylococcus*.

Called “false garlic” for the flavor of its crushed leaves, ajos sachá (*Mansoa alliacea*) is a shrubby vine native to the Amazon rainforest. The plant is considered spiritual and is used for good luck. The leaves and flowers contain the known antibacterial plant steroids beta sitosterol, stigmasterol, daucosterol, and fucosterol.

The bark and latex of bellacocaspi (*Himatanthus succuba*) have a long history of use among Amazonian Indians. The bark is powdered and sprinkled onto wounds and sores. The latex is rubbed on bot-fly bites to kill the larvae under the skin. Studies have shown that the plant contains two

antibacterial chemicals, and researchers in Brazil determined that the latex showed pain relieving ability in laboratory animals.

Rounding out the formula is chanca piedra (*Phyllanthus niruri*), a small herb called “stone breaker” for its ability to eliminate kidney stones. Leslie included this component because of its clinically proven liver protective properties. In chronic Lyme disease, *B. burgdorferi* can collect in the liver, lying dormant until the body is under enough stress to ensure a successful attack. Chanca piedra helps to detoxify and strengthen the liver as the rest of the formula goes to war against the infection.

On their own and in combination as Spiro, these plants are free of side-effects. Spiro should be taken twice a day on an empty stomach. Ordering information is in the Member Source Directory on page 8. **HSI**

Fight off “senior moments” and even Alzheimer’s with the help of Jenny Thompson’s personal physician

by *Melissa Hickie*

It’s a feeling that’s all too common nowadays. A certain haziness settles into your brain and the next thing you know, you forget why you had walked into the room.

You were looking for...something. But you can’t, for the life of you, remember what it was. So you shrug and chalk it up to another one of those “senior moments.”

These moments come in waves. Some days you feel as sharp as you did in your younger years. Other times, you feel as if you’d forget your head if it weren’t attached.

Sometimes you feel scattered, unfocused, and confused. Maybe you’re not getting as much done

as you used to. Your mood drops, and you feel like your head is surrounded by fog.

And that’s exactly what it is. Brain fog.

Conventional medicine doesn’t recognize brain fog as a diagnosed illness. Of course—if it can’t be quantified by conventional medicine, it must not exist, right? But the last thing you want to hear when you’re suffering from reduced mental function is that your illness doesn’t exist.

That’s where Dr. Ben Rothstein comes in.

Formerly Jenny Thompson’s own physician, Dr. Rothstein’s

approach to his profession was driven by his commitment to do whatever was in the best interest of his patients. As such, he often used complementary and alternative medicine in his practice.

And as we see so very often here at HSI—the establishment’s blind refusal to accept anything other than mainstream medicine cost us another great doctor. In 2005, the Maryland Board of Physicians revoked his license, despite the fact that it found no evidence of wrongdoing or harm in any of the 1,700 charts it examined.

In spite of being unfairly stripped of his license, Dr. Rothstein refused

to give up on his passion for healing. This year, he started a new website aimed at helping people like you combat brain fog.

Brain Fog No More features articles, videos, and products to help combat your brain fog. His goal is to teach you how to maximize your brain's potential through the use of supplements and mental exercise.

I'll tell you more about the website in a moment. But first, let me explain more about brain fog and its causes.

For a 'non-disease' it sure has very real symptoms

You might feel forgetful, with decreased short-term memory. Sometimes there will be a feeling of "spaciness." Your attention span might be shorter, and you could even feel anxiety or mild depression. A general lack of focus is also very common to brain fog.

There are several things that can cause brain fog, including nutritional deficiencies, neurotoxicity, chronic infections, and chronic disease. Something as simple as sleep deprivation (and who really gets enough sleep these days?) can cause it. You probably won't be surprised to learn that both prescription and over-the-counter medications (such as anxiety medications and antihistamines) can cause brain fog, as can overuse of artificial sweeteners. Nutritional deficiencies that can cause brain fog include deficiencies of magnesium, vitamin B₁₂, and amino acids.

Women who have reached menopause can also experience brain fog. Some doctors believe estrogen loss can lead to some memory loss and feelings of confusion. Others think it could be a

result of the sleep irregularities many menopausal women experience.

Researchers are looking into the estrogen-brain link, but if you're experiencing menopause-related brain fog, all you need know is that you're suffering. And you need help dealing with your day to day struggle.

A potential Alzheimer's breakthrough that's just a mouseclick away

Dr. Rothstein addresses students who use drugs to keep focused as well as older people who are fearful of Alzheimer's. Though there is no cure for the disease, Dr. Rothstein firmly believes that it can be prevented by dealing with its many causes. A video recently added to the site addresses the issue of Alzheimer's prevention.

Overall, the website is easy to use. There is a navigation bar at the top directing you to articles, products, and a quiz to help you determine how foggy your brain is. When I took the quiz, I discovered that my brain is in pretty good shape, and that I shouldn't worry but should concentrate on the basics of brain fog prevention.

For those of you who aren't on the Internet, ask a child or grandchild to help you. The articles on the website are free and easy to find.

If you register for an account at *Brain Fog No More*, extra content is unlocked. This includes a quiz on your body's toxicity and a special report from Dr. Rothstein. This report helps to distinguish between Alzheimer's and brain fog, alleviating the worry that all those "senior moments" are an indication of

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And another thing...

...To test or not to test—that is the controversy. The "superbug" bacterium known as MRSA is resistant to most antibiotics, easily transmitted by casual contact, and responsible for as many as 20 percent of all infections picked up in hospitals and other health care facilities. So why not test all patients for MRSA before being admitted to a hospital? One study has found that the costs of implementing such a plan outweigh the benefits, while another study reports that MRSA infections can be effectively contained with rigorous testing. Medicare and Medicaid health insurance programs aren't making things easier for hospitals. In October, those programs will end coverage for treatments that address hospital-acquired infections.

...Some reports are praising the new FDA plan to use data collected from Medicare claims to track and evaluate the dangerous side effects of drugs. On one hand, safety oversight of these drugs is much needed. But what's really going on here? Instead of raising the bar and requiring that pre-approval drug trials demonstrate rigorous new standards to reveal potential dangers, the FDA is effectively making guinea pigs of America's elderly by putting greater emphasis on drug monitoring *after* the drugs have been approved. So if you take prescription drugs that are paid for in part by Medicare—congratulations! You've just been enrolled in a drug safety trial!

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And another thing...

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And, in case you didn't see it in the *e-Alert*...

...Mammography technology has entered the digital age. Unfortunately, this new technology improves the images produced, but not the testing technique. Women are still exposed to high levels of radiation (although slightly less than with a film mammogram), and their breasts are still compressed between two plates. This is known as the "compression contradiction." Medical students are taught to examine breasts gently in order to keep possible cancer from spreading. Then breasts are painfully flattened and x-rayed. You can find more information about mammogram risks and safe alternatives to conventional mammography in the *e-Alert* "End of the Day" (2/22/07).

...Go fish. That's all you need to do to help keep your eyes healthy and avoid age related macular degeneration (AMD). When researchers at Australia's University of Melbourne collected data from nine studies, they found that subjects who ate fish two times each week significantly reduced their risk of early AMD, as well as the more advanced and dangerous late form of the disease.

To your good health,

Jenny Thompson
Jenny Thompson

For FREE access to urgent health information, visit www.HSIBaltimore.com today to enroll—absolutely FREE.

Brain Fog

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Alzheimer's.

As Dr. Rothstein says in his report, not everyone who has brain fog will progress to Alzheimer's, but everyone with Alzheimer's at one point had brain fog.

That is the heart of it. The key

to beating Alzheimer's is prevention. Dr. Rothstein's program for optimum brain function is easy to follow. By taking control of your brain power, you can keep your mind sharp and clear for years to come. You can start exploring *Brain Fog No More* at www.brainfognomore.com. **HSI**

Update on Concentrated Flax Hull Lignans...

In our June 2008 issue, we told you about Concentrated Flax Hull Lignans, an incredible cancer fighter available from the AIDS Research Assistance Institute (ARAI). So many HSI members were impressed with the healing potential of this product that the phones at ARAI started ringing off the hooks. As such, they weren't able to move orders as quickly as usual.

We are in contact with the folks at ARAI and they assure us they are doing their best to fulfill all orders as quickly as possible.

Here at HSI, you trust us to bring you the cures and cutting-edge products you won't hear about anywhere else. Many of the cures we tell you about come from very small companies and, while we do our best to ensure they have a supply available, sometimes they can't handle the demand from HSI's large membership. If you want a product featured in your *Members Alert*, we encourage you to order quickly.

If you missed the article on Concentrated Flax Hull Lignans, you can find the June 2008 issue in the archive at www.hsibaltimore.com.

MEMBER SOURCE DIRECTORY

Avemar. The Harmony Company, www.theharmonyco.com. Ph (800)820-9693. One box of 30 packets is US\$199.95. Mention HSI and get a 10% discount (phone orders only).

Spiro. Raintree Nutrition, Inc., www.rain-tree.com. Ph (800)780-5902 or (775)841-4142. Concentrated liquid extract sold in 4 oz bottles for US\$29.95.

Brain Fog No More. www.brainfognomore.com.

HSI website log-on info (SEPTEMBER):

Username: september Password: natural

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