

## Ethnomedical Information on Muira Puama (*Ptychopeltalum olacoides*)

Plant Part / Location	Documented Ethnomedical Use	Type Extract / Route	Used For	Ref #
Bark Brazil	Used for male impotence.	Infusion Oral	Human Male	J16115
Bark Brazil	Used as an aphrodisiac.	Alcohol Ext Oral	Human Male	K20642
Bark Brazil	Used as an aphrodisiac, tonic for the nervous system and antirheumatic. Said to be neurosthenetic and to fortify the stomach and intestines. Used for gastrointestinal and circulatory asthenia, impotency, problems of the nervous system, lack of libido, neurasthenia and neuralgia.	Infusion Oral	Human Adult	ZZ1075
Bark Brazil	Used in nervous diseases, gastrointestinal and circulatory asthenias, ovarian atony, impotency, neurasthenic and postgrippal anaphrodisias, locomotor ataxia, neuralgias of long standing, chronic rheumatism, partial paralysis and dysentery.	Not stated	Human Adult	AT1005
Bark + Root Brazil	Used as a stimulant, aphrodisiac, stomach tonic and for rheumatism.	Not stated	Human Adult	ZZ1061
Bark + Root Brazil	Used as an aphrodisiac and nerve tonic.	Alcohol Ext Oral	Human Male	K20642
Stem + Root Brazil	Used as an aphrodisiac, for partial paralyses, dyspepsia, menstrual disturbances and rheumatism.	Not stated	Human Adult	ZZ1099
Stem + Root Brazil	Used as a tonic to treat neuromuscular problems. Used for paralysis and beri-beri. Used for sexual debility, rheumatism, grippe and cardiac and gastrointestinal asthenia. Used for the prevention of baldness.	Not stated Decoction External Infusion Oral	Human Adult	ZZ1005
Root Brazil	Used as a genital stimulant.	Hot H2O Ext Oral	Human Male	T01002
Root Brazil	Used for chronic rheumatism, acute poliomyelitis and central nervous system diseases, hookworm disease, dysentery, and as an appetite stimulant.	Hot H2O Ext Oral	Human Adult	T01002
Root Brazil	Used as an aphrodisiac.	Alcohol Ext Oral H2O Ext Oral	Human Adult Male	K20642
Root Brazil	Used as a tonic.	H2O Ext Oral	Human Adult	K20642
Root Brazil	Used as a tonic, stimulant, nerve tonic, and to treat nervous disorders.	Alcohol Ext Oral	Human Adult	K20642

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Root Brazil	Used as a stimulant and nerve tonic.	Hot H2O Ext Oral	Human Adult	K20642
Root Brazil	Used for ataxia, asthenia, chronic rheumatism, partial paralysis, gripe, impotency, debilitation and as a neuromuscular tonic.	Hot H2O Ext Oral	Human Adult	ZZ1002
Root Brazil	Used as an aphrodisiac.	Decoction Oral	Human Adult (male)	L10703
Root Brazil	Used as an aphrodisiac.	Not Stated Oral	Human Adult	T08730
Root Brazil	Used as an aphrodisiac and nerve stimulant.	Not stated	Human Adult	ZZ1010
Root Brazil	Used for impotence, low sex drive, as an aphrodisiac, astringent and as a stimulating tonic.	Not stated	Human Adult	AT1024
Not Stated Brazil	Used to balance hormones of the menstrual cycle and during menopause. Used for menstrual cramps, premenstrual syndrome, frigidity, as a tonic for the nervous system, for depression and impotence.	Not stated	Human Adult	ZZ1067
Not Stated Brazil	Used for nervous problems and disorders, neurasthenia, neuralgia, nervous depression, as a nervous system tonic, for genital weakness, frigidity, impotency, menstrual cramps, premenstrual syndrome. Used as an aphrodisiac. Thought to fortify the stomach and intestines.	Not stated	Human Adult	ZZ1014
Not Stated Brazil	Used to tonify the nervous system, as an antirheumatic, to fortify the stomach and intestines. Used for nervous exhaustion, stress and trauma; enhances libido.	ETOH Ext Oral	Human Adult	ZZ1016
Not Stated Brazil	Used as an aphrodisiac, as an astringent and aromatic. Used for dysentery and impotence.	Not stated	Human Adult	ZZ1062
Not Stated Brazil	Used as an aphrodisiac, neurosthenetic, antirheumatic and tonic for the nervous system.	Not stated	Human Adult	AT1004
Root Guiana	Used as an aphrodisiac.	Alcohol Ext Oral	Human Adult (male)	K20642
Root Guiana	Used as an aphrodisiac.	H2O Ext Oral	Human Adult	K20642
Root Guiana	Used as a tonic and stimulant.	Alcohol Ext Oral	Human Adult	K20642
Root Guiana	Used as a tonic and stimulant.	H2O Ext Oral	Human Adult	K20642
Root Guiana	Used as a potency promoter.	Alcohol Ext Oral H2O Ext Oral	Human Adult (male)	K20642

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Stembark French Guiana	Used as an aphrodisiac.	Stembark Ext Oral	Human Adult (male)	M05122
Root + Stem Amazonia	Used as an astringent for diarrhea. Stimulates the central nervous system and enhances libido.	Not stated	Human Adult	AT1014
Not Stated Amazonia	Used as an invigorating or restoring tonic.	Not stated	Human Adult	AT1013
Root Not Stated	Used for impotency, infertility and neurasthenia.	Hot H2O Ext Oral	Human Adult	ZZ1011
Root Not Stated	Used to bathe the genitals. Used for rheumatism and muscle paralysis.	Decoction External	Human Adult	ZZ1049
Root Not Stated	Used as an aperitif, aphrodisiac, CNS stimulant, nervine, nerve stimulant, tonic for dyspepsia, neuralgia, paralysis, rheumatism, sexual impotence, menstrual irregularities and paralysis caused by poliomyelitis.	Not stated	Human Adult	ZZ1049
Not Stated	Used to tonify the nervous system, used for mild exhaustion, for gastrointestinal and reproductive disorders, stress, trauma and rheumatism. Used to enhance the libido, for neuromuscular problems and prevention of baldness.	Not stated	Human Adult	ZZ1015
Not Stated	Used for impotency, as a central nervous system tonic, for European hookworm, for menstrual disturbances and chronic rheumatism.	Not stated	Human Adult	AT1006

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