

Ethnomedical Information on Catuaba (*Erythroxylum catuaba*)

Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Bark Amazonia	Functions as a male hormone stimulant and tonic for male organs; used for impotence; to stimulate the nervous system and enhance male libido. Used for disorders of general weakness and nervous exhaustion.	Infusion Oral	Human Adult	ZZ1016
Bark Amazonia	Said to be excellent for the male reproductive organs, to increase circulation and libido. Stimulates the nervous system and brain and used for impotence.	Infusion Oral	Human Adult	ZZ1015
Bark Brazil	Used as a brain and nerve stimulant and aphrodisiac for women. Used for sexual weakness, male impotence, nervous debility and exhaustion.	Infusion Oral	Human Adult	ZZ1011
Bark Brazil	Used to stimulate the nervous system, as a tonic for the genitals, for functional impotence, as an aphrodisiac and sexual stimulant. Said to increase sexual desire and cause exotic dreams.	Infusion Oral	Human Adult	ZZ1070
Bark Brazil	Used for sexual impotence, to fortify the nervous system, for neurasthenia, hypochondria, insomnia, nervous affections, as a stimulant and aphrodisiac.	Various Oral	Human Adult	ZZ1013
Bark Brazil	Used a tonic, as an energy stimulant of the nervous system, as an aphrodisiac for sexual impotence, for agitated sleep, nervousness, neurasthenia, forgetfulness, poor memory and sexual frigidity.	ETOH Ext Oral	Human Adult	ZZ1002
Bark Brazil	Used as a stimulant, pectoral, antisyphilitic and aphrodisiac.	H2O Ext Oral	Human Adult	ZZ1079
Root Brazil	Used as an aphrodisiac.	Hot H2O Ext Oral	Human Male	L02535
Root Brazil	Used as a stimulant.	Alcohol Ext Oral	Human Adult	K20642
Root Brazil	Used as an aphrodisiac.	Alcohol Ext Oral	Human Male	K20642
Not stated Peru	Used for skin cancer.	Not stated External	Human Adult	ZZ1047
Bark USA	Used as a tonic and fortifier of the nervous system, for general fatigue, restless sleep and insomnia from hypertension, for failing memories. Used as a tonic for the male organs, for male impotency and as a male aphrodisiac.	Infusion/Tincture Oral	Human Adult	ZZ1014
Bark USA	Used for male impotency, as a tonic for male organs and the nervous system and for extreme fatigue.	Tincture Oral	Human Adult	ZZ1067

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