

Ethnomedical Information on Nescafé (*Mucuna pruriens*)

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Fruit Haiti	Used for intestinal parasites.	Decoction Oral	Human Adult	T13846
Fruit Brazil	Used for intestinal worms.	Not Stated	Human Adult	ZZ1013
Seed Brazil	Used as an anthelmintic, aphrodisiac and poison. Used as an aphrodisiac. Used as a nerve tonic and aphrodisiac. Used as a nerve tonic and aphrodisiac. Used as a food. Used as a coffee substitute. Used for impotence, edema, Parkinson's disease and as a diuretic. Used for ulcers.	Not Stated Not Stated ETOH Ext Oral H2O Ext Oral Seeds Oral Hot H2O Ext Oral Decoction Oral Maceration External	Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult Human Adult	ZZ1099 ZZ1013 K20642 K20642 J17190 ZZ1045 BP1004 BP1004
Root Brazil	Used for hydropsy. Used as a diuretic.	Not Stated Not Stated	Human Adult Human Adult	ZZ1013 ZZ1099
Seed Germany	Used for rheumatism and worm infestations. Used as a carminative, hypotensive, hypoglycemic and to reduce cholesterol. Used as a cutaneous stimulant and rubefacient for rheumatic disorders and muscular pain.	Powder Oral Powder External	Human Adult Human Adult	BP1002 BP1002
Seed Guadeloupe	Used as a vermifuge.	Seeds Oral	Human Infant	T07660
Seed Guinea-Bissau	Used as an aphrodisiac.	Plant Oral	Human Male	A00455
Plant Juice Guinea-Bissau	Used as an emmenagogue.	Juice Oral	Human Female	A00455
Fruit India	Used for stomach worms. Used as an anthelmintic. Overdoses are fatal. Used as an irritant. Overdoses are fatal.	Hot H2O Ext Oral Not Stated Oral Not Stated External	Human Child Human Adult Human Adult	T07201 T09486 T09486
Leaf India	Used as a uterine stimulant. Used as a nerve tonic. Used in dysentery. Used as an aphrodisiac and diuretic. Used for scorpion stings.	Not Stated Oral H2O Ext Oral Not Stated Oral Infusion Oral	Human Female Human Adult Human Adult Human Adult	A03113 A03113 A03113 M27166

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Pod Trichomes India	Used as an anthelmintic.	Powder Oral	Human Adult	K23365
Seed India	Used to cure night dreams and impotency and to promote fertility. Used as an emmenagogue. Used as an aphrodisiac to increase seminal fluid and manly vigour. Used as an aphrodisiac. Used for diarrhea. Used as an aphrodisiac. Used as an antivenin. Used for diabetes. Used for scorpion stings and snakebite. Used as a nervine. Used as an aphrodisiac. Used to treat male impotence and sterility. Used for abortion. Used as an aphrodisiac. Used for sexual debility and spermatorrhea. Used for persistent coughs. Used for pulmonary tuberculosis. Used as an aphrodisiac, and for seminal weakness and impotence. Used for rheumatic disorders and muscular pain. Used for worm infestation, gonorrhoea, sterility and general debility.	Not Stated Oral Plant Oral Plant Oral Hot H2O Ext Oral Powder Oral Powder Oral Decoction Oral Decoction Oral Decoction Oral Hot H2O Ext Oral Seeds Oral Infusion Oral Decoction Oral Hot H2O Ext Oral Seeds Oral Seeds Inhalation Decoction Oral Milk Oral Not Stated External Not Stated Oral	Human Male Human Female Human Male Human Male Human Adult Human Male Human Adult Human Adult Human Adult Human Adult Human Male Human Male Human Female Human Male Human Male Human Adult Human Adult Human Male Human Adult Human Adult	A02269 A04300 A04300 A06590 K23294 K23365 K25892 L05654 M27166 T05894 T05894 J18758 K16006 T03102 T03252 T07823 T16239 T07731 ZZ1102 ZZ1102
Seed Pods India	Used as an anthelmintic.	Hot H2O Ext Oral	Human Adult	T05894
Root India	Used as an emmenagogue. Used for rheumatism and gout. Used for delerium. Used as a blood purifier and diuretic. Used for kidney stones. Used to relieve dysmenorrhea. Used in dropsy and catarrh, and as a diuretic. Used for cholera.	Not Stated Oral Root External Hot H2O Ext Oral Root Oral Root Oral Decoction Oral Infusion Oral	Human Female Human Adult Human Adult Human Adult Human Female Human Adult Human Adult	A04132 M23826 T05894 T07731 T09302 ZZ1052 ZZ1052

Part / Location	Documented Ethnomedical Uses	Type Extract / Route	Used For	Ref #
Not Stated India	Used for cancer. Used as an abortifacient. Used as an antifertility agent. Used for diabetes. Used to improve male sexual function. Used to improve sexual function. Traditionally recommended for males, but the author advocates use by females as well.	Not Stated Hot H2O Ext Oral Hot H2O Ext Oral Not Stated Oral Hot H2O Ext Oral Hot H2O Ext Oral	Human Adult Human Female Human Female Human Adult Human Male Human Female	A00041 W01244 W01244 L10702 M18213 M18213
Entire Plant Ivory Coast	Used as an emmenagogue.	Hot H2O Ext Oral	Human Female	A01966
Seed Madagascar	Used as an aphrodisiac.	H2O Ext Oral	Human Male	A04923
Seed Mozambique	Used as an aphrodisiac.	Hot H2O Ext Oral	Human Male	L01568
Seed Nepal	Used as an aphrodisiac.	Hot H2O Ext Oral	Human Male	A00020
Root Nepal	Used as an aphrodisiac.	Root Oral	Buffalo Male	K11747
Leaf Nigeria	Used to treat snakebite.	Not Stated	Human Adult	K20898
Seed Nigeria	Used against snakebites.	Not Stated	Human Adult	BP1007
Seed Pakistan	Used for diabetes. Used as an aphrodisiac. Used as an aphrodisiac.	Seeds Oral Seeds Oral Hot H2O Ext Oral	Human Adult Human Male Human Adult	L03572 A01908 A04606
Not Stated Panama	Used medicinally as an aphrodisiac.	Not Stated Oral	Human Male	J10115
Seed Peru	Used as a coffee substitute.	Hot H2O Ext Oral	Human Adult	BP1001
Stem Philippines	Used to treat sore/wind burns-cut.	Stem External	Human Child	M29360
Leaf + Stem Thailand	Used for burns and cuts.	Leaf + Stem External	Human Adult	T11371
Seed Trinidad	Used for intestinal worms.	Seeds Oral	Human Adult	T00701
Pod Hair USA	Used as an anthelmintic.	H2O Ext Oral	Human Adult	BP1003

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Not Stated Virgin Islands	Used for worms.	Hot H2O Ext Oral	Human Adult	W00903
Pod Hairs Not Stated	Used for intestinal worms. Used as a local stimulant in paralysis.	Hair Syrup Oral Ointment External	Human Adult	ZZ1052
Seed Not Stated	Used as an aphrodisiac.	Not Stated	Human Adult	ZZ1052
Not Stated	Used as an anodyne, antidotal, aphrodisiac, diuretic, nervine, resolvent, rubefacient and vermifuge for anasarca, asthma, cancer, cholera, cough, diarrhea, dogbite, dropsy, dysuria, insanity, mumps, pleuritis, ringworm, snakebite, sores, syphilis, tumors and worms.	Not Stated	Human Adult	ZZ1050

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