

Ethnomedical Information on Espinheira Santa (*Maytenus ilicifolia*)

Plant Part / Location	Documented Ethnic Use	Type Extract / Route	Used For	Ref #
Branches Paraguay	Used to prevent conception.	Hot H2O Ext / Oral	Human Female	X00002 X00005
Entire Plant Paraguay	Used for fertility regulation.	Hot H2O Ext / Oral	Human Female	A03499
Entire Plant Paraguay	Used as a long-term contraceptive.	Hot H2O Ext / Oral	Human Female	L02292
Entire Plant Argentina	Used as a vulnerary, sialagogue, anti-asthmatic and antiseptic.	Hot H2O Ext / Oral	Human Adult	T03492
Entire Plant Brazil	Used as an indigenous tumor remedy.	Hot H2O Ext/ Oral	Human Adult	T03492
Entire Plant Paraguay	Used as a menstrual inducer. An infusion is drunk at the time of anticipated menses, or shortly after the absence of it is noted.	Hot H2O Ext / Oral	Human Female	T03492
Entire Plant Paraguay	Used as a fertility-regulating agent.	Hot H2O Ext / Oral	Human Female	T03492
Flowers Brazil	Used as an anti-inflammatory.	Decoction / Oral	Human Adult	M28328
Leaf Argentina	Used as an antiseptic and vulnerary.	Not Stated / External	Human Adult	K03244
Leaf Argentina	Used as an anti-asthmatic and sialogogue.	Not Stated / Oral	Human Adult	K03244
Leaf Argentina	Used as an emmenagogue.	Hot H2O Ext / Oral	Human Female	T03717
Leaf Argentina	Used against diarrhea, to treat respiratory tract infections and urinary tract infections.	Decoction / Oral	Human Adult	K17523
Leaf Brazil	Used as a sialogogue, for asthma, as an antiseptic.	Infusion / Oral	Human Adult	H21342
Leaf Brazil	Used as a vulnerary.	Leaves / External	Human Adult	H21342
Leaf Brazil	Used as a cholagogue and choloretic.	Infusion / Oral	Human Adult	J12611
Leaf Uruguay	Used to improve digestion, as an antispasmodic, to treat asthma, and as a contraceptive.	Infusion / Oral	Human Adult	K18125
Leaf Uruguay	Used as an astringent, to heal wounds, and an antiseptic.	Not stated / External	Human Adult	K18125

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Leaf + Root + Twig Paraguay	Said to be a sterilizant. Decoction drunk after delivery.	Hot H2O Ext / Oral	Human Female	A03500
Leaf + Twigs Paraguay	Used as a contraceptive.	Hot H2O Ext / Oral	Human Female	T02289
Not Stated Paraguay	Used as an abortifacient, emmenagogue, and as a sterilizant by the rural populace.	Not stated / Not stated	Human Female	J01423
Not Stated Paraguay	Used for sterility.	Hot H2O Ext / Oral	Human Female	T15375
Root Paraguay Stem Paraguay	Used to prevent conception.	Hot H2O Ext / Oral	Human Female	X00002 X00005
Rootbark Paraguay	Used as a fertility-regulating agent.	Decoction / Oral	Human Female	H12628
Stembark Argentina	Used as an emmenagogue. Used as an abortifacient - used with <i>Origanum vulgare</i> .	Hot H2O Ext / Oral	Human Female	T03717
Aerial Parts Brazil	Used as an analgesic, disinfectant, tonic and cicatrizant. Used for gastritis, ulcers and stomach disorders.	Hot H2O Ext / Oral	Human Adult	ZZ1013
Aerial Parts Brazil	Used for acne, anemia, cancer, constipation, dyspepsia, liver disorders.	Hot H2O Ext / Oral	Human Adult	ZZ1013 AD1002 ZZ1002

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