

CHÁ DE BUGRE POWDER



1 Pound (16 oz)

Retail Price: \$24.00

Description: Raintree's chá de bugre whole herb powder (*Cordia salicifolia*) has been milled into a fine powder which is suitable to stuff into capsules or to prepare your own teas, tinctures or extracts. It has been sustainably wild-harvested in the Brazilian Amazon and it is rich in active and beneficial phytochemicals that occur naturally in this plant. Chá de bugre products are highly commercialized as a weight loss aid in Brazil where tea bags, fluid extracts and tinctures of chá de bugre are commonly seen in pharmacies, stores, and even in the beach-front eateries and refreshment stands along Rio de Janeiro's beaches (where bikinis rule!).* Despite

the popularity of chá de bugre in Brazil very little has been done to analyze the phytochemicals in the plant. At present it is known to contain caffeine, potassium, allantoin and allantoic acid. The red fruits or berries of chá de bugre (resembling a coffee bean) contain caffeine. For more complete information on this rainforest plant, please see the Raintree Nutrition internet website and online [Tropical Plant Database](#).

Traditional Uses:* for weight loss (as a appetite suppressant); as a mild diuretic; for cellulite; to tone, balance, and strengthen heart function; for herpes simplex

Ingredients: 100% pure chá de bugre whole herb (*Cordia salicifolia*). No binders, fillers or additives are used. This product is non-irradiated and non-fumigated. It is a wild harvested product—grown naturally in the Brazilian Amazon without any pesticides or fertilizers.

Suggested Use: This plant is best prepared as an infusion (tea). Use one teaspoon of powder for each cup of water. Pour boiling water over herb in cup and allow to steep 10 minutes. Strain tea (or allow settled powder to remain in the bottom of cup) and drink warm. It is traditionally taken in 1 cup amounts, ½ to 1 hour before meals.

Contraindications: None reported.

Drug Interactions: None reported.

Clinical Documentation and Research:* This Raintree product has not been the subject of any clinical research. Available third-party documentation and research on chá de bugre can be found at the Raintree website or at [PubMed](#). A partial listing of the published third party research on chá de bugre is shown below:

Wound Healing Actions:

Saito, M. L., et al. "Morfodiagnose e identificacao cromatografica em camada delgada de chá de bugre - *Cordia ecalyculata* Vell." *Rev. Bras. Farm.* 1986; 67: 1-16.

Antimicrobial & Cytotoxic Actions:

Hayashi K., et al. "Antiviral activity of an extract of *Cordia salicifolia* on herpes simplex virus type 1." *Planta Med.* 1990; 56(5): 439-43.

Arisawa, M., et al. "Cell growth inhibition of KB cells by plant extracts." *Natural Medicines* 1994; 48(4): 338-347.

Cardiotonic Actions:

Matsunaga, K., et al. "Excitatory and inhibitory effects of paraguayan medicinal plants *Equisetum*

giganteum, Acanthospermum australe, Allophylus edlis and Cordia salicifolia on contraction of rabbit aorta and guinea-pig left atrium." *Natural Medicines* 1997; 51: 478-481.

This product is distributed through health food stores, health practitioners, and by [Raintree Nutrition](#). Please contact a health professional concerning other observations and/or effects of this product and/or if you have any disease, condition or illness for which you are seeking treatment or products for.

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*The statements contained herein have not been evaluated by the Food and Drug Administration.
This product is not intended to treat, cure or prevent any disease.