



AMAZON BOWEL SUPPORT*

120 capsules (650 mg each)

Retail price: \$29.95

A synergistic formula of 7 rainforest botanicals traditionally used in South America for bowel function.* For more complete information on these unique rainforest plant ingredients, please see the Raintree Nutrition internet website and the online [Tropical Plant Database](#).

Ingredients: A proprietary blend of cat's claw, macela, boldo, simarouba, jurubeba, tayuya, and anamu.

Suggested Use: Take 2-3 capsules three times daily on an empty stomach.

Contraindications:

- Not to be used during pregnancy or while breast-feeding.
- This product should not be used with medications intended to suppress the immune system.

Drug Interactions: May potentiate blood thinning medications such as Warfarin. May reduce the effect of immune suppressants.

Other Observations:

- Several plants in this formula contain a low concentration of coumarin which has an anticoagulant effect. People with blood disorders such as hemophilia, or those on blood thinning medications should be monitored closely.
- Cat's claw and jurubeba have been documented to have an antifertility effect. Those seeking to become pregnant or those undergoing treatment for infertility should not use this formula.

Clinical Documentation and Research:* This proprietary Raintree formula has not been the subject of any clinical research. Available third-party documentation and clinical research on each ingredient in this formula can be found at the Raintree website. A partial listing of published research on these ingredients is shown below:

[Cat's Claw \(*Uncaria tomentosa*\)](#)

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Sandoval-Chacon, M., et al. "Anti-inflammatory actions of cat's claw: the role of NF-kappaB." *Aliment. Pharmacol. Ther.* 1998; 12(12): 1279-89.

Recio, M. C., et al. "Structural requirements for the anti-inflammatory activity of natural triterpenoids." *Planta Med.* 1995; 61(2): 182–85.

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Cerri, R., et al. "New quinovic acid glycosides from *Uncaria tomentosa*." *J. Nat. Prod.* 1988; 51: 257–61.

Boldo (*Peumus boldus*)

Gotteland, M., et al. "Protective effect of boldine in experimental colitis." *Planta Med.* 1997; 63(4): 311–15.

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Estelles, R., et al. "Effect of boldine, secoboldine, and boldine methine on angiotensin II-induced neutrophil recruitment *in vivo*." *J. Leukoc. Biol.* 2005 Sep; 78(3): 696-704.

Kang, J. J., et al. "Studies on neuromuscular blockade by boldine in the mouse phrenic nerve diaphragm." *Planta Med.* 1999; 65(2): 178–79.

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Lanthers, M. C., et al. "Hepatoprotective and anti-inflammatory effects of a traditional medicinal plant of Chile, *Peumus boldus*." *Planta Med.* 1991; 57(2): 110–15.

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Macela (*Achyrocline satureoides*, *Egletes viscosa*)

Rao, V. S., et al. "Investigations on the gastroprotective and antidiarrhoeal properties of ternatin, a tetramethoxyflavone from *Egletes viscosa*." *Planta Med.* 1997 Apr; 63(2): 146-9.

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[Simarouba \(Simarouba amara\)](#)

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